NWA: ***SKINS*** .. 5 x on

Date: _____

Venue: _____

Average of five (5) runs compared with official pre-skins pb .. lowest differential wins.
Distance of run must be consistent .. can be on track, hill, grass oval, …..

Name	**PB**	1	2	3	4	5	Av.	PB-Av.	Place

PB = known pb or max. effort trial before commencement of series.

Times are rounded up, e.g. 28.72 = 28.8; 31.13 = 31.2.
3 pt. starts .. timed from first movement of back foot.

Thanks to Bill Sweetenham .. good one